

# Reception

“I like how we do lots of jumps!”

“I have learned how to jump high.”

“I have learned how to throw the beanbag  
to someone else.”

“I am good at moving forwards and  
backwards.”

“Exercise makes you healthy.”

“PE gets you strong and big!”

“I love running and jumping like a rabbit.”

“PE is so fun!”

“I have learned to jump like a frog.”

“PE gives you healthy bones.”

# Year 1

“I like to work in partners.”

“I like moving and doing good actions.”

“I get to have fun with my friends.”

“I have learned to travel around the room.”

“I know about low, medium and high levels.”

“I have learned how to move in different directions.”

“I have learned how to dance.”

“I am good at doing bridges.”

“I am good at gymnastics.”

“PE and sport keeps you healthy.”

“Sport is fun.”

“I like the fire and ice warm-up.”

“I have learned about stillness in dance.”

“PE and sport is good for your body.”

“I smile when I dance.”

“I have learned to roll a ball.”

## Year 2

“PE is fun and gives you energy.”

“It makes you tired, but it’s fun.”

“I love the challenge in gymnastics.”

“I have learned how to run faster.”

“I have learned to become a firework, so I can be the best dancer in the world!”

“I have learned to have patience.”

“I am now good at cartwheels.”

“Sport makes your muscles and bones stronger.”

“PE is the time to make your body wriggle!”

“PE gets your energy out, ready for the next lesson.”

“PE keeps you healthy and fit.”

## Year 3

“I like PE because we do lots of different activities.”

“PE keeps your brain running.”

“I really love PE because it’s fun!”

“I have learned how to jump off the apparatus.”

“I can almost do the splits now.”

“I have learned new football skills.”

“PE pumps our blood around our body.”

“Sport is good for our mental health.”

“I have learned new jumps.”

“I have learned to work as a team.”

“I have learned new skills in hockey.”

“In PE and sport, you can be creative and be with your friends.”

“I have learned new football skills.”

“I have learned how to throw better.”

“Sport helps me to calm down.”



## Year 4

“I learned not to smack the basketball.”

“I can now do a backward roll!”

“Sport helps you to be outside more.”

“I have learned the rules of volleyball.”

“I am good at working with a partner.”

“I am good at passing the ball.”

“PE makes me faster.”

“I liked working in a group in our WWII dance.”

“PE stops your body from being stiff.”

“I am good at defending and aiming.”

“Sport gets your blood pumping more.”

“I can bounce a ball better now.”

“PE teaches you different skills.”

“Sport makes us sweat and that is good.”

“I learned to serve a ball with my hands.”

“Sport is good for your body and mind.”

“I have become more flexible.”

## Year 5

“It is fun and good for my health.”

“I like PE because we do lots of things.”

“PE helps you to get better at skills.”

“Sport gets you moving and that’s good.”

“You get to go outside in the fresh air.”

“Sports motivates you.”

“I love playing dodgeball.”

“I have learned to hold a cricket bat correctly.”

“PE keeps me happy and active.”

“PE is fun, it keeps me in shape and it’s better than writing!”

“PE helps you to get better at skills.”

“You get to do sports that you have never done before.”

“PE makes you better at activities you do at the weekend.”

“I have learned to control a ball.”

“Sport gets rid of my tiredness.”

## Year 6

“I have improved my hand-eye co-ordination.”

“Sport improves your stamina.”

“I am good at teamwork now.”

“Sport is good for your mental well-being.”

“I have learned to dribble with control.”

“We learned how to mirror in gymnastics.”

“You are happier after you exercise.”

“I can use gesture better in dance.”

“Sport can inspire us to be future Olympians.”

“Sport is good for your heart.”

“I like being challenged in PE.”

“Sport refreshes our brains.”

“Sport has boosted my confidence.”

“I am more athletic and flexible now.”

“I’ve learned to communicate in a game.”

“I have got better at swimming.”