



## Subject Curriculum Statement

### PHYSICAL EDUCATION

#### INTENT, IMPLEMENTATION & IMPACT

Ready to achieve

Respectful

Safe

Happy and Healthy

Inspired to be the best we can be

Wodensfield  
Curriculum

INTENT

At Wodensfield Primary School, we wish to inspire and motivate all of our children to achieve their full physical potential by participating in a broad and balanced Physical Education curriculum. We want our children to follow a curriculum that enables them to develop knowledge, skills and vocabulary in a broad range of activities from Early Years to the end of KS2 using the 'Head, Heart and Hands' philosophy as our foundation, with the incorporation of our school values: to be Ready, Respectful and Safe. We ensure that our lessons are planned effectively and can be adapted throughout our curriculum to ensure that every child, regardless of ability, can make progress physically, emotionally, socially, morally, spiritually & culturally through a fully inclusive PE curriculum that meets the end of Key Stage objectives in the National Curriculum and develops the whole child. We will share and review curriculum progression objectives with all staff to ensure that their own personal development within the subject is strong which will enable our children to receive the best experiences possible. We intend that all children will have the opportunity to be physically active at school and learn how to maintain a healthy, active lifestyle at home. We will actively encourage our children to develop a positive, confident mind-set, so they can embrace the benefits that being physically active provides and help them to believe that anything can be achieved with determination and resilience. We aim for our children to appreciate and implement the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members, coaches and observers, thus embedding life-long values such as co-operation and collaboration. Alongside PSHE and Science, children will learn about the importance of healthy living and the need for good nutrition to provide them with the knowledge, skills and motivation necessary to equip them to lead a happy, healthy, active life.

At Wodensfield, our PE curriculum is varied and ensures that we meet the requirements of the National Curriculum. All children from Reception, through KS1 and into KS2 receive at least 2 lessons per week of high-quality PE using our outside spaces and school hall. Our Nursery children are given numerous opportunities to develop gross and fine physical skills through continuous provision and both indoor and outdoor play. Our planning ensures that children begin by developing motor competence through the knowledge of and knowing how to perform fundamental movement skills that are learned and practised in isolation and combination as the building blocks for more advanced skills, strategies and tactics in a variety of activity areas such as games, gymnastics, dance, athletics, swimming & water safety (Key Stage 2) and outdoor and adventurous activities (with a focus on Forest School and orienteering.) Our PE curriculum is sequenced to ensure children can build on prior learning to deepen their knowledge, skills and understanding that they can apply fluently, with confidence. Through our PE planning and clear sequences of learning, we provide children with the declarative and procedural knowledge that they need to be effectively physically educated.

These are all delivered by the children's class teachers, the PE Lead teacher and qualified coaches. The PE Lead teacher has produced progressive schemes of work for all staff to use and delivers regular CPD in areas identified by staff themselves and from lesson observations to ensure that staff have increased confidence and knowledge to effectively deliver and assess PE, thus ensuring all children can make progress. Children then get to experience, develop and remember long term content that they can add to and apply to different situations as they travel on their learning journey. We want children to know more and be able to do more. A sequential assessment system is in place that stays with each child as they move through Wodensfield and can be accessed by all staff to help inform them on what each individual child needs to progress further. Children are also encouraged to reflect upon their learning and take responsibility for their achievements and self-evaluation is used to help children understand how to become better learners, performers and make suitable choices to maintain a healthy, active lifestyle.

There is also opportunity to further develop these skills, alongside reinforcing the development of a healthy lifestyle, at our extra-curricular clubs, that include basketball, gymnastics, dance, cheerleading, football, hockey, netball, rounders, cricket, tennis, table tennis, tag rugby, forest school, yoga and multi-skills. At Wodensfield, we adopt an all-inclusive, enhancing approach to this offer that is mirrored in our participation in a variety of inter and intra sports competitions for all children across a range of activities. This part of our PESSPA provision in all key stages is vital as it encourages our children to 'have a go' and promotes positive experiences of being physically active and not always participating to win. Wodensfield's extra-curricular provision values the importance of physical and mental well-being and also allows us to make and maintain club links within the local and wider community.

We provide a further extension to our OAA provision with children in year 2 and 6 attending residential courses where they experience a wider range of activities than can be offered in school.

To develop leadership and communication skills, children in Year 6 can train to become Play Leaders, which is a responsible role in encouraging younger children to learn how to play collaborative games, respecting rules and to be as active as possible during break times. Children selected are positive role-models for younger members of the school, organising lunchtime games, assisting with sports days, intra-school competitions and other physical activity opportunities / workshops that we offer throughout the year. We aspire for our children to develop their understanding of how they can use these leadership skills to make a valuable contribution to society.

At Wodensfield, we recognise the importance of being physically active throughout the school day and we have implemented a whole school 'Energy Bursts' initiative that is run as a whole school challenge and is enjoyed by both children and staff, ensuring that children are fully engaged and enthused for all areas of learning and can maintain concentration for longer, whilst also highlighting the need to stay physically active. Throughout the day, children and staff participate in both short and longer activities that increase the heart rate both in the classroom (such as Go Noodle and Just Dance routines) and outside (using resources produced by the PE Lead teacher). These 'Energy Bursts' are celebrated weekly and termly in assembly to further enforce the importance of increasing levels of activity and spotlighting physical activity as a whole-school focus. Wodensfield's firm belief in the importance of the benefits of physical activity is also shared with families and they are invited to participate with their children in school-run events such as our 'Family Mile'.

We further celebrate the achievements of our children with an inclusive array of photographs that highlight their skills and performances, with an additional display (Our Future Olympians) to spotlight their achievements and participation in sports and physical activities outside of Wodensfield.

The impact of our curriculum is that our children make significant progress at all key stages, acquiring the skills and knowledge identified for each unit of work. Key skills and knowledge will be delivered in an engaging, inclusive, yet challenging way to ensure children enjoy PE and physical activity and can see how they progress from year to year in a wide variety of activities, using existing skills and acquiring new ones as they move on through school. Our PE lessons are fun and help children to achieve to the best of their ability in a safe and stimulating environment. Children at Wodensfield are physically active throughout the school day and this has had a positive impact on their all-round education, behaviour and mind set. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise and activity for their physical and mental wellbeing. We aspire for all children to enjoy PE and develop a love of sport and physical activity, which hopefully becomes part of their future life outside of Primary School.