

# Wake Up Shake Up Web Links

Here are the links for some of the wake up shake up songs that we dance to in Early Years. We do wake up shake up to help wake our bodies up ready for learning. There are lots of arm movements in the songs to help children develop strong shoulders, arms, wrists and fingers ready for writing.

They are also good for burning off some energy on rainy days!



The Wake Up Shake Up Song

<https://www.youtube.com/watch?v=1gUbdNbu6ak>



Dinosaur Stomp

<https://www.youtube.com/watch?v=1mhi98dHa5w>



Shake Your Sillies Out

[https://www.youtube.com/watch?v=NwT5oX\\_mqS0](https://www.youtube.com/watch?v=NwT5oX_mqS0)



The Big Blue Whale

<https://www.youtube.com/watch?v=Parej8Fi0es>



Pizza Dough Boogie

<https://www.youtube.com/watch?v=YwKUv0L3xtc>



Just Dance Jump Up – Spacewalk

<https://www.youtube.com/watch?v=52pdktAMDe4>



Just Dance Gummy Bears

<https://www.youtube.com/watch?v=6O7-tzCCh3w>



Awesome Rainbow

<https://www.youtube.com/watch?v=tbPGvZDNoY0>



Superheros Unite

<https://www.youtube.com/watch?v=ok7V1pWtRzs>



Penguin Dance

<https://www.youtube.com/watch?v=uf0uKmkwnKs>



Glitter

<https://www.youtube.com/watch?v=h7UGK1djTos>

If you find any other songs that your children enjoy, please share them with us 😊